

A REAL IRON TONIC

Puts Iron into the Blood, Where It Is a Prime Necessity.

You must have an abundance of iron in your blood if you would have the vigor necessary to overcome obstacles, push ahead and bring things to pass. Iron is a valuable medicine; it gives strength, stamina, endurance.

You can have more of it, better color, steadier nerves, by taking Peptonin, a real iron tonic, which will make a gratifying change in your condition in a very short time.

Peptonin combines iron with nux, celery, pepsin, and other valuable ingredients, and is in chocolate-coated pills. Pleasant to take and easily assimilated. Of druggists or direct from C. I. Hood Co., Lowell, Mass.—Adv.

MONEY FOR FARMERS.

Oct. 14 Last Date Applications Will Be Accepted This Fall.

The First National Farm Loan association of Montpelier, through the federal land bank at Springfield, has loaned \$120,000 to Washington county farmers since May 1, 1918. About \$100,000 more is in the process of handling, making this the third largest association in the New England district.

Due to the volume of work to be handled by this association and by the bank, and because so short a time remains before snow falls, it will be necessary to have all applications for loans in the hands of the secretary-treasurer, on or before Oct. 14, to insure their consideration this fall. The appraisers will not visit farms after snow comes.

If you had thought of getting a loan to clear up an old mortgage or to purchase stock and tools, be sure to have your application in my hands before Oct. 14. I will be glad to send you printed information on the matter and to talk it over with you personally before that date.

F. H. Abbott, secretary-treasurer, First National Farm Loan association, of Montpelier, Vt.

To Free Your Skin of Hair or Fuzz

(Boudoir Secret)

No toilet table is complete without a small package of delatone, for with it hair or fuzz can be quickly banished from the skin. The delatone hairs you merely mix into a paste enough of the powder and water to cover the objectionable hairs. This should be left on the skin about two minutes, then rubbed off and the skin washed, when it will be found free from hair or bluish. Be sure you get genuine delatone.—Adv.

GRANITEVILLE

Vera Alice Eastman Second Death in Family in Week.

Vera Alice Eastman, daughter of William Eastman, died at her home in upper Graniteville Oct. 6, after a week's illness of pneumonia. Her death was the second to occur in the family within a week, the death of Mrs. Eastman having occurred early last week.

A private funeral service was held from the house Tuesday at 3 o'clock. Rev. James Ramage officiating, with burial in the family lot in Washington.

Hopes Women Will Adopt This Habit As Well As Men

Glass of hot water each morning helps us look and feel clean, sweet, fresh.

Happy, bright, alert—vigorous and vivacious—a good clear skin, a natural, rosy complexion and freedom from illness are assured only by clean, healthy blood. If only every woman and likewise every man could realize the wonders of the morning inside bath, what a gratifying change would take place.

Instead of the thousands of sickly, anemic-looking men, women and girls with pasty or muddy complexions, instead of the multitude of "nervewracks," "rundowns," "brain fags" and pessimists, we should see a virile, optimistic throng of rosy-cheeked people everywhere.

An inside bath is had by drinking, each morning before breakfast, a glass of real hot water with a teaspoonful of limestone phosphate in it to wash from the stomach, liver, kidneys and ten yards of bowels the previous day's indigestible waste, sour fermentations and poisons, thus cleansing, sweetening and freshening the entire alimentary canal before putting more food into the stomach.

Those subject to sick headache, biliousness, nasty breath, rheumatism, colds; and particularly those who have a pallid, sallow complexion and who are constipated very often, are urged to obtain a quarter pound of limestone phosphate at the drug store, which will cost but a trifle but is sufficient to demonstrate the quick and remarkable change in both health and appearance awaiting those who practice internal sanitation. We must remember that inside cleanliness is more important than outside, because the skin does not absorb impurities to contaminate the blood, while the pores in the thirty feet of bowels do.—Adv.

Pay your debt to Liberty! Three million women, children and men needed in the Fighting Fourth to stand behind our fighting men and to help the Allies who gloriously held the line until our boys got there and broke it! They give all! Can you withhold your dollars?

Lend to Uncle Sam! Invest to your last dollar in Liberty Bonds!

You gave your boys—you give your dollars. Make their sacrifice worth while.

Buy Fourth Liberty Bonds the first day, at any bank, cash or instalments.

ONLY FEW NEW ENGLAND MEN

Private Frank D. Hastings of Claremont, N. H., Wounded

NO VERMONTERS WERE LISTED TO-DAY

Total Casualties Were 584, with 80 Killed in Action

Washington, D. C., Oct. 10.—To-day's casualty list contained 684 names, divided as follows: Killed in action, 80; missing in action, 105; wounded severely, 338; died of disease, 30; died of accident or other cause, 10; died of wounds, 13; died of aeroplane accident, 4; wounded (degree undetermined), 4. The New England men included were as follows:

Killed in Action.
Pvt. James G. Somers, Bangor, Me.
Pvt. John Hayes, Stamford, Conn.
Pvt. George Ziedis, New Bedford, Mass.
Pvt. Bert W. Dean, Milo, Me.
Pvt. William Skankiewicz, Norwich, Conn.

Died of Wounds.
Lt. Arthur E. McDonald, Thomaston, Me.
Pvt. Richard Jasper, Somerville, Mass.
Pvt. Arthur Milsted, Beverly, Mass.

Died of Disease.
Cook Thomas H. Fleming, Pittsfield, Mass.

Died from Accident or Other Cause.
Lt. Alfred T. Crane, Newton Center, Mass.
Wounded Severely.

Lt. Arthur H. Alexander, Wellesley, Mass.
Sgt. Edward J. Wilkie, E. Boston, Mass.
Sgt. James B. Morgan, Winsted, Conn.
Sgt. John J. Dwyer, Jr., Waterbury, Conn.
Pvt. Frank P. Curtis, N. Attleboro, Mass.
Pvt. Gust Demopoulos, Westfield, Mass.
Pvt. Joseph D. Freedman, Boston, Mass.
Pvt. Frank D. Hastings, Claremont, N. H.
Pvt. Emil A. Milot, Westford, Mass.
Pvt. Joseph Morrisette, Fall River, Mass.
Pvt. Thomas M. Linden, Pawtucket, R. I.
Pvt. Henry Pilcher, Bangor, Mass.
Pvt. Alfred W. Walcott, Waltham, Mass.
Pvt. Samuel J. Briden, Pawtucket, R. I.
Pvt. Ralph C. Frost, Medford, Mass.

Missing in Action.
Pvt. John C. Donaldson, Pawtucket, R. I.
Pvt. Vincent P. Hurley, Malden, Mass.
Pvt. Joseph J. Schissler, Bristol, Conn.
Pvt. Edward C. Delaney, Providence, R. I.
Pvt. Fred L. Leslie, Fall River, Mass.
Pvt. Sam Chorniak, Meriden, Conn.
Pvt. John T. Curran, Lawrence, Mass.

WINDMILL THAT IS NOT AT MERCY OF WIND

Diagram Shows the Working of the Plan—Complete Machine Can Be Placed in Position at Small Cost—High Power Made.

When the wind strikes a surface inclined at an angle to the direction of the wind the latter tends to displace the surface in a direction that depends upon the degree of inclination.

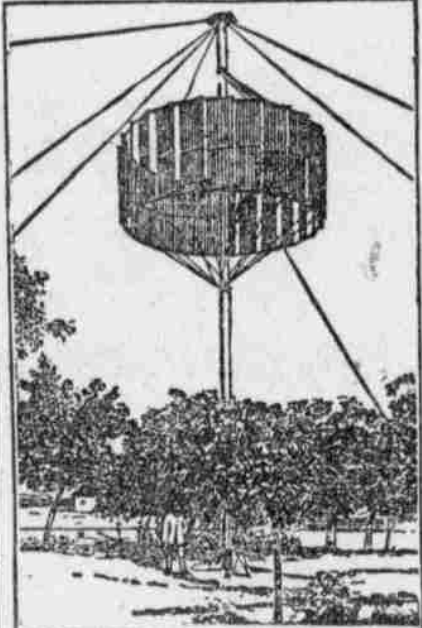
Upon this well-known principle sailboats, windmills and aeroplanes are built. When the wind comes in a diametrically opposite direction—that is, to say, strikes the surface on the other side—it tends to displace it in the opposite direction. It would seem, then, to be impossible so to place a surface that it shall always move in the same direction, no matter whence the wind that moves it comes. A French windmill maker has, however, succeeded in solving this apparent paradox, and his device is described in detail by R. Villers in La Nature. He makes a horizontal windmill with perpendicular vanes and axis revolved by the vanes without gearing.

The wind is utilized "going and coming." When the vanes are properly inclined the power produced by this strange windmill is quite high, and the wind that reaches nine-tenths of the wheel's diameter is set to work, no matter from what direction it is blowing.

The firm that is making these mills delivers one, complete, in France, with mounting, pipes, pump, etc., for 600 francs, or about \$120.

The wheel may be raised or lowered on its axle by pulleys, and the upper socket is self-lubricated from a covered tank of oil at the very top.

The turning wheel operates the pumps through an eccentric at the bottom of the mast. This eccentric is a most ingenious but simple device for regulating the speed of the pump according to the strength of the



The windmill with horizontal wheel on its mast. At the top is the receptacle for oil, protected from the weather by a hood. Below is seen the variable eccentric that transmits the power to the pump.

wind. As the wind increases, the eccentricity increases automatically, so that when the wind is high the pump works at great speed and quickly fills large reservoirs.

RHEUMATICS --O. K.

All Over the County They Are Taking "Neutrone Prescription 99"

To be strong and free from all stiffness in your joints and muscles, just think of it, for only 50c or \$1.00 for one or two weeks' treatment.

"Neutrone Prescription 99" is quickly absorbed into the system, and in a week or two brings blessed relief to tired, weary, inflamed, swollen joints and muscles.

It's easy to use, too, no fuss and bother getting ready, no time lost rubbing in fiery liniments or using hot plasters, just take four times a day faithfully and all stiffness, swelling and misery will vanish.

Used regular it makes the lame and crippled strong and vigorous, draws out all the stiffness, agony and inflammation. It's fine. Get a bottle to-day at your druggist, 50c and \$1.00. Mail orders filled on \$1.00 size.

E. A. Drown, the druggist, and leading druggists everywhere.—Adv.

GREAT DASH BY YANKEES

They Pushed Through Cunel Wood, Which Bristled With Machine Guns

KRIEMHILD LINE WAS ATTACKED

Americans Made a Brilliant Speedy Advance on Wednesday

With the American Army Northwest of Verdun, Wednesday, Oct. 9 (by the Associated Press).—American forces operating west of the Meuse river returned to the attack against the formidable Kriemhild line to-day. This assault was made south of Romagne, and a brilliant, speedy advance forced the Germans back.

The Americans pushed through Cunel wood, which was bristling with machine guns. This success made it easier to storm the Mamille trench of the Kriemhild-Steeling line.

HEALTHY BOWELS

Nine-tenths of human sickness from infancy to old age, comes from stomach or bowels being out of order.

Headaches, tired feeling, nervous depression, weakness, spots before the eyes, bad breath, sleeplessness, irritability, dizziness and many other signs of sickness stop, if you treat the stomach and bowels right and get them into working order.

The prescription, known as Dr. True's Elixir, has done wonders for sick people, men, women and children, because it is the one remedy that you can rely on to set things right in the stomach and bowels.

Sold by all druggists, big or little, everywhere. Druggists, as a rule, are very honest. They do not try to substitute something else for Dr. True's Elixir, because they know its value. Many druggists use it in their own families.—Adv.

Colds Cause Grip and Influenza LAXATIVE BROMO QUININE Tablets remove the cause. There is only one "Bromo Quinine." E. W. GROVE'S signature on box. 30c.—Adv.

GRIP VICTIMS

are people who get weak and run down. You can gain fighting strength from

FATHER JOHN'S MEDICINE

NO ALCOHOL OR DANGEROUS DRUGS.

Remember the Lusitania! Crush the Hun!

The slimy serpent is a creature with more noble instinct than the fiendish Hun.

We in our pleasant homes are secure. We may never know the terrible experience others have endured, for our dollars and our men have stopped the Hun. But he is not yet crushed! Far from it!

The world will not be safe until Prussian militarism is wiped out!

Join the Fighting Fourth Liberty Loan.

Buy bonds! Annihilate Prussian militarism!

Buy today, to keep!

PROFITABLE ERROR

By GEORGIA SMITH

It all began by my following an impulse to ride on the merry-go-round at Old Orchard last summer. I felt extremely foolish after seating myself on one of the prancing ponies and glanced around at the people standing near, hoping I should see no one I knew. Carefully I inspected the crowd and recognized none of them, so proceeded to enjoy my ride.

Soon a young man walked around the corner of the ticket stand and stopped in front of the now moving horses. It was Tom Campbell, the very same tall, good-looking Tom I had chummed around with in Lawrence a year or so before. Through a slight misunderstanding, before my return to Maine, I had lost track of him, which fully explained my surprise on seeing him at this summer resort. In spite of our disagreement I still held a friendly feeling toward him and thrilled with pleasure at seeing him once again.

"As soon as this merry-go-round stops I will go and speak to him," I reassured myself. Thus thinking, I kept my eyes on him at every turn, waiting for him to glance in my direction. He soon spied me in my ridiculous position, and I smiled toward him. Again he looked at me, then turning walked to the end of the pier.

This was too much for my riding ability and utterly unlike I am. Therefore I felt inclined to think he still remembered our difference of the previous year. Otherwise how could he have failed to recognize me.

The fault having been mine, I hastened after him as soon as the merry-go-round slowed down, intent upon becoming friends again. He was soon found leaning idly against the pier railing, watching the waves on the beach below.

"Won't you speak to an old friend, Tom?" I began.

"Yes—er—indeed; of course I am glad to speak to you, Miss—er—"

This last was followed by a significant pause. At his first words I had looked at his face again. Looking at him at close range showed me not Tom Campbell but a darker looking young man, greatly resembling Tom. I was frightened at my mistake and could not speak.

"Really you must pardon my forgetfulness, but your name has actually slipped my mind."

His voice stirred me and I hastened to apologize, explaining how I had mistaken him for Mr. Campbell, a friend of mine. Very politely he told me his name, that his home was far from Lawrence—in fact, he lived in Canada, and while he was sorry he wasn't the original Mr. Campbell, he had no grievance against being mistaken for him.

Perhaps it was his frank, good-natured smile that won me. At any rate, I soon found myself laughing over my mistake, and he appeared so little like a stranger that I told him my name and where I was staying. With that I dared not prolong the scene further, for fear he would mistake my intent.

Joining my friends again, I returned to the cottage, my thoughts far from their ever-cheering chatter.

Several times during the following week we passed on the beach. At first he merely tipped his hat, while I acknowledged his greeting with a smile, and as I thought, very proper "How do you do?" The situation amused me, and when he stopped me on one of my morning walks to ask permission to accompany me, I put formality aside and gave him permission. A few such meetings left me firmly convinced that if there wasn't such a thing as love at first sight there surely was at second or third sight.

Fate befriended us and we were formally introduced at one of the cottages where I visited now and then. Then followed a series of walks, excursions, boating trips and dances, ending in my return to town at the end of the season the proud possessor of a bright new diamond ring and his return to Canada to prepare for an early wedding.

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SPANISH INFLUENZA--WHAT IT IS AND HOW IT SHOULD BE TREATED

Nothing New—Simply the Old Grip, or la Grippe, That Was Epidemic in 1889-90, Only Then It Came from Russia by Way of France and This Time by Way of Spain.

Go to Bed and Stay Quiet—Take a Laxative—Eat Plenty of Nourishing Food—Keep Up Your Strength—Nature Is the "Cure."

ALWAYS CALL A DOCTOR

NO OCCASION FOR PANIC.

Spanish influenza, which appeared in Spain in May, has all the appearance of grip or la grippe, which has swept over the world in numerous epidemics as far back as history runs. Hippocrates refers to an epidemic in 412 B. C., which is regarded by many to have been influenza. Every century has had its attacks. Beginning with 1831, this country has had five epidemics, the last in 1889-90.

There is no occasion for panic—influenza itself has a very low percentage of fatalities—not over one death out of every four hundred cases, according to the N. C. Board of Health. The chief danger lies in complications arising, attacking, principally, patients in a run-down condition—those who don't get up too early, or those who get up too early.

THE SYMPTOMS.

Grippe, or influenza, as it is now called, usually begins with a chill followed by aching, feverishness, and sometimes nausea and dizziness, and a general feeling of weakness and depression. The temperature is from 100 to 104, and the fever usually lasts from three to five days. The germs attack the mucous membrane, or lining of the air passages—nose, throat and bronchial tubes—there is usually a hard cough, especially bad at night, sometimes a sore throat or tonsillitis, and frequently all the appearances of a severe head cold.

THE TREATMENT.

Go to bed at the first symptoms, not only for your own sake, but to avoid spreading the disease to others—take a purgative, eat plenty of nourishing food, remain perfectly quiet and don't worry. Quinine, aspirin or Dover's Powder, etc., may be administered by the physician's directions to relieve the aching. But there is no cure or specific for influenza—the disease must run its course, but Nature will throw off the attack if only you keep up your strength. The chief danger lies in the complications which may arise. Influenza so weakens the bodily resistance that there is danger of pneumonia or bronchitis developing, and sometimes inflammation of the middle ear, or heart affections. For these reasons, it is very important that the patient remain in bed until his strength returns—stay in bed at least two days or more after the fever has left you, or if you are over 50 or not strong, stay in bed four days or more, according to the severity of the attack.

EXTERNAL APPLICATIONS.

In order to stimulate the lining of the air passages to throw off the

grippe germs, to aid in loosening the phlegm and keeping the air passages open, thus making the breathing easier, Vick's VapoRub will be found effective. Hot, wet towels should be applied over the throat, chest and back between the shoulder blades to open the pores. Then VapoRub should be rubbed in over the parts until the skin is red, spread on thickly over covered with two thicknesses of hot flannel cloths. Leave the clothing loose around the neck, as the heat of the body liberates the ingredients in the form of vapors. These vapors, inhaled with each breath, carry the medication directly to the parts affected. At the same time, VapoRub is absorbed through and stimulates the skin, attracting the blood to the surface, and thus aids in relieving the congestion within.

HOW TO AVOID THE DISEASE.

Evidence seems to prove that this is a germ disease, spread principally by human contact, chiefly through coughing, sneezing or spitting. So avoid persons having colds—which means avoiding crowds—common drinking cups, roller towels, etc. Keep up your bodily strength by plenty of exercise in the open air, and good food. Above all, keep free from colds, as colds irritate the lining of the air passages and render them much better breeding places for the germs.

Use Vick's VapoRub at the very first sign of a cold. For a head cold, melt a little VapoRub in a spoon and inhale the vapors, or, better still, use VapoRub in a benzoin steam kettle. If this is not available, use an ordinary tea-kettle. Fill half-full of boiling water, put in half a teaspoon of VapoRub from time to time—keep the kettle just slowly boiling, and inhale the steam arising.

NOTE.—Vick's VapoRub is the discovery of a North Carolina druggist, who found how to combine, in salve form, Menthol and Camphor with such volatile oils as Eucalyptus, Thyme, Cubeb, etc., so that when the salve is applied to the body heat, these ingredients are liberated in the form of vapors.

VapoRub is comparatively new in New York state and New England and a few western states, where it is just now being introduced, but in the other sections of the country it is the standard home remedy in over a million homes for all forms of cold troubles. Over six million were sold last year. It is particularly recommended for children's colds or colds, since it is externally applied and therefore can be used as freely as desired without the slightest harmful effects. VapoRub can be had in three sizes at all druggists.

The Woman Pays,

and oftentimes the children, when husband and father neglects to provide them with the protection of life insurance. Insure and protect them to-day. National Life Ins. Co., of Vt. (Mutual.) S. S. Ballard, general agent, Rialto block, Montpelier, Vt.

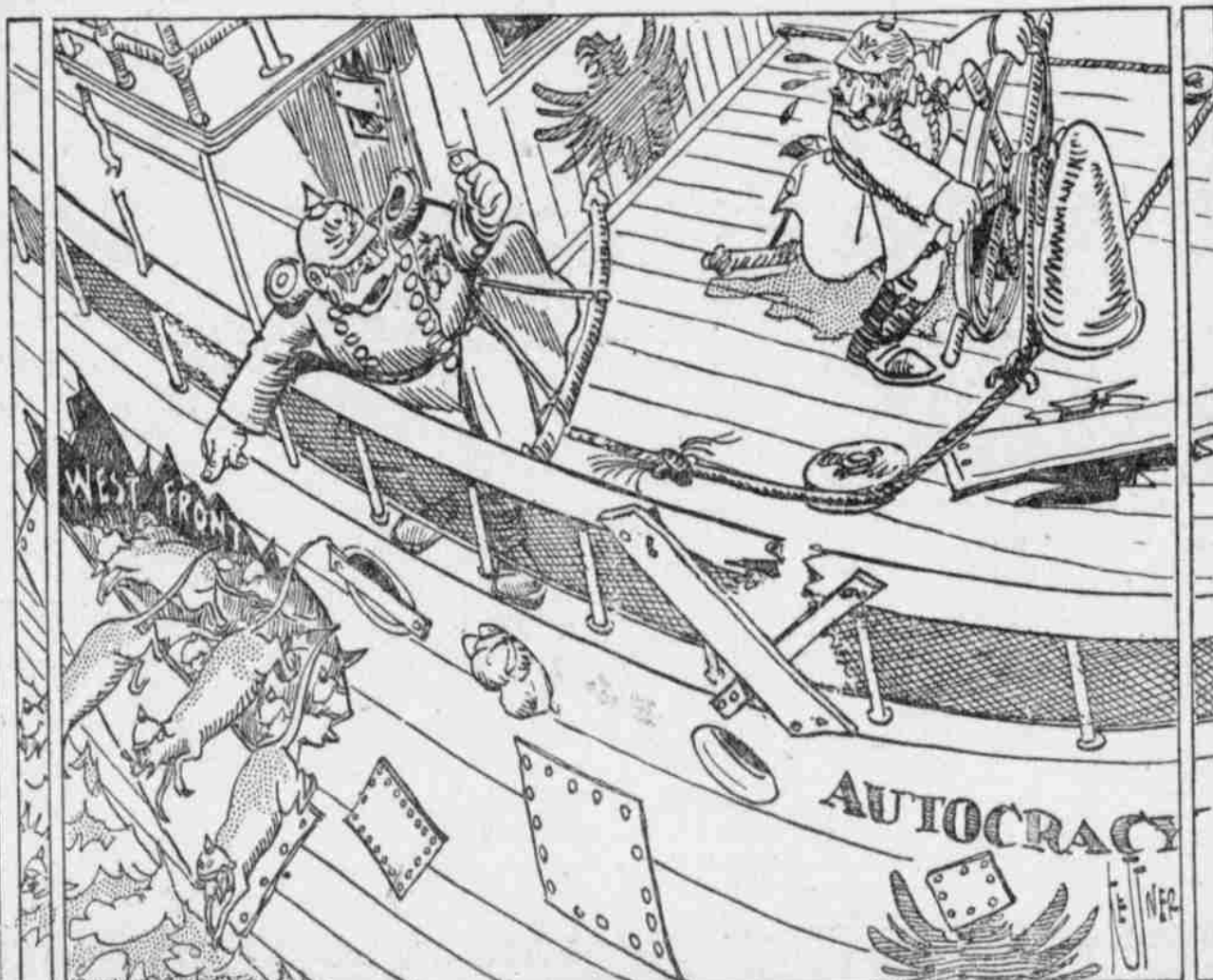
FOOD WILL WIN



SAFE, GENTLE REMEDY BRINGS SURE RELIEF

For 200 years GOLD MEDAL Haaslem Oil has enabled suffering humanity to withstand attacks of kidney, liver, bladder and stomach troubles, and all diseases connected with the urinary organs, and to build up and restore to health organs weakened by disease. These most important organs must be watched, because they filter and purify the blood; unless they do their work you are doomed. Weariness, sleeplessness, nervousness, depression, backache, stomach trouble, pains in the loins and lower abdomen, gravel, difficulty when urinating, rheumatism, sciatica, and lumbago all warn you of trouble with your kidneys. GOLD MEDAL Haaslem Oil Capsules are the remedy you need. Take three or four every day. The healing oil seeps into the cells and lining of the kidneys and drives out the poisons. New life and health will surely follow. When your normal vigor has been restored, continue treatment for a while to keep yourself in condition and prevent a return of the disease. Don't wait until you are incapable of fighting. Start taking GOLD MEDAL Haaslem Oil Capsules to-day. Your druggist will cheerfully refund your money if you are not satisfied with results. But be sure to get the original imported GOLD MEDAL and accept no substitutes. In three sizes. Sealed packages. At all drug stores.—Adv.

A Bad Omen



Wear High Shoes

At the present time one cannot be too careful about the exposure of any part of the body to cold and dampness.

It is wise to begin to wear high shoes now, regardless of the date when you usually put the low ones away.

Regal Shoes

for fall and winter are here—the only store in Barre where you'll find them. The new styles are made over the usual Regal comfort lasts. They fit; they wear; they look exceptionally well.

Get your high shoes early this fall.

Moore & Owens

7-20-4

Factory output two hundred thousand daily. Largest selling brand of 16c Cigarettes in the world. Factory, Manchester, N. H.

Now is Your Chance

to buy a used CAR or MOTORCYCLE at a price that will please you.

These CARS and MOTORCYCLES are in good condition and are ready for the road, the prices ranging from \$100.00 to \$1,200.00. Call and look these cars over, while you have a number to choose from.

B. W. Goodfellow

69 South Main Street

GOOD BUSINESS MEN ARE INCREASING THEIR INSURANCE—

HAVE YOU? YOU SHOULD

J. W. DILLON

ESTABLISHED 1892

BOLSTER BLOCK, BARRE, VT.

FOR SALE

One 1918 Indian motorcycle, has been run only about 700 miles. Cash, \$65.

One 1918 motorcycle, electrically equipped, generator light, horn and storage battery. Cash, \$290.

One 1917 Indian motorcycle, has been run 2,000 miles, electrical equipment, tandem seat and speedometer. Cash, \$225.

One 1916 three-speed, Presto tank, tandem and all registered. Cash, \$190.

One 1914 twin two-speed, all thoroughly overhauled, for \$90.

A. M. Flanders

207 No. Main Street, Barre, Vt.

Welding and Brazing of All Kinds